



Portable Neuromodulation
Stimulator

YOUR NEXT STEPS WITH PoNS

Congratulations, you and your physician have taken an important step toward improving your mobility. From here, our team handles most of the details. Here's what happens between now and your first day of therapy, and where you can reach us along the way.

Have a therapist or clinic in mind for your PoNS therapy? Let us know when we call so we can coordinate with them. Not sure yet? We can help you find one.

1 Your Physician Sends Your Prescription

Your physician faxes your PoNS prescription and consent form to Bioness, that's all it takes to get started. They'll also place a physical therapy referral: if you already have a clinic, it goes straight there; if not, they'll hand it to you to bring to whichever clinic you choose.

2 Complete Your Consent Form

This form gives Bioness permission to contact you and process your PoNS order. Please scan the QR code on the back of this card to complete it online.

3 We'll Call You

Within two business days, we'll confirm your information and review your payment options.

4 Your Device Ships to You

Once everything is finalized, we'll ship your PoNS device directly to your home.

5 Get Activated by Your Therapist

Bring your fully charged device and accessories to your physical therapist. Your program will run about 12-14 weeks, so pick a time when you're ready to commit to regular sessions, they'll activate your device and set up your protocol.

Getting Ready

To get started, all you need is:

- ☐ Your physician's prescription (they'll send it to us)
- ☐ Your signed consent form

Bioness may follow up for additional documentation, such as insurance card, insurance-required forms and/or agreements.



Scan to complete your consent form online

Prefer not to scan? Call us and we'll send the form by email or text.

Questions? We're here to help.

Bioness Customer Service: 800.211.9136

Call us anytime if you haven't heard from us within two business days, or if you have questions along the way.

Wondering what happens after your therapy program ends? Whether you need another PoNS therapy session is a conversation to have with your physician and therapist, they'll help determine the best next step for your care.

This sheet is provided by your physician's office as part of your PoNS prescription.

Indication for Use: The PoNS device is indicated for use as a short term treatment of gait deficit due to mild to moderate symptoms from multiple sclerosis and is to be used as an adjunct to a supervised therapeutic exercise program for adults 22 years of age and over by prescription only. The PoNS device is indicated for use as a treatment of dynamic gait deficits due to chronic symptoms from stroke and is to be used as an adjunct to a supervised therapeutic exercise program in patients 22 years of age and over by prescription only.

The PoNS device delivers electrical stimulation directly to the surface of the tongue. Precautions for use are similar to those for wearable electrical stimulation medical devices. Electrical stimulation should not be used: if there is an active or suspected malignant tumor, in areas of recent bleeding or open wounds, and in areas that lack normal sensation. The PoNS has not been tested on, and thus should not be used by individuals who are pregnant. Do not use the PoNS if you are sensitive to nickel, gold or copper.

Full prescribing information can be found in product labeling or at <https://bionessmedical.com/pons/safety-information/>.

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