

After a Devastating Car Accident, Claire Finds Hope With the Help of Her L300 Go

Her Story

Meet Claire Richards: star athlete, aspiring doctor, and survivor. Growing up, Claire was a soccer standout, leading her high school team to a state championship and guiding the University of Central Missouri to four NCAA tournaments.

Soon after graduating in 2016, however, Claire suffered a traumatic brain injury (TBI) in a car accident that left her right side almost completely immobile. She spent five months hospitalized, confined to a wheelchair and unable to speak—a devastating state for someone who, only a short time before, had been an elite college athlete.



Claire spent 5 months in the hospital, confined to a wheelchair and unable to speak.

Her Solution

A Device Makes the Difference

Given her competitive nature, Claire faced the long and difficult journey head-on, consistently crushing her rehabilitation goals. Several months into her recovery, Claire learned about the L300 Go device for treating foot drop and thigh weakness. It proved to be just what Claire needed to make gains in her mobility.

Claire felt transformed after the first time using the L300 Go. It has helped her regain mobility, and she no longer struggles with foot drop. In addition, she can walk backward, ride a bike, and take walks with her dog.



From the time she put on her L300 Go for the first time, Claire felt her life transformed.

Her Next Steps

Always Looking Ahead

Claire has her eyes set on using the L300 Go to help her return to running like she used to. She is also moving forward with plans to attend medical school and become a doctor.

Claire hopes her recovery journey will encourage others with TBI to keep moving forward with a focus on making improvements each and every day.



Claire hopes her journey will encourage other TBI patients.



Indications for Use: The L300 Go System is intended to provide ankle dorsiflexion in adult and pediatric individuals with foot drop and/or to assist knee flexion or extension in adult individuals with muscle weakness related to upper motor neuron disease/injury (e.g., stroke, damage to pathways to the spinal cord). The L300 Go System electrically stimulates muscles in the affected leg to provide ankle dorsiflexion of the foot and/or knee flexion or extension; thus, it also may improve the individual's gait.

The L300 Go System may also facilitate muscle re-education, prevent/retard disuse atrophy, maintain or increase joint range of motion, and increase local blood flow.

The L300 Go System is contraindicated in patients with a demand-type cardiac pacemaker, defibrillator or any electrical implant. Do not use the system on a leg where metallic implant is directly underneath the electrodes, a cancerous lesion is present or suspected, or on a leg with regional disorder (e.g., fracture or dislocation) which could be adversely affected by motion from the stimulation. Use caution in patients with diagnosed or suspected cardiac problems or epilepsy.

Full prescribing information can be found in product labeling or at <https://bionessrehab.com/l300/safety-information/>.