



## FROM PARALYSIS TO LEARNING HOW TO WALK AGAIN:

### Shane's Successful Journey.

In 2011 at the age of 41, Shane was at the gym for his daily workout and felt an unusual sense of fatigue, which he had never experienced before. Twenty-four hours later, he was diagnosed with Guillain-Barré syndrome (GBS), a rare autoimmune disorder that left him paralyzed from the neck down. As an avid golfer, hunter and financial advisor, this was devastating news. But, his most important role as a husband and a father to two young children is what drove him to go the distance in his mobility journey and defeat every challenge that came his way, with help from Bioness technology and ongoing rehabilitation.

Following his diagnosis, Shane spent two and a half months at an inpatient rehab hospital and another three months with home health in an effort to regain a fraction of the mobility he lost. However, he was continuously told he would never walk again, which made Shane fight harder. It was then, in 2014, that he found the LSU Rehab Program, Dr. Suzanne Tinsley, and was introduced to the Bioness Vector System shortly after.

For the next five years, Shane pushed the envelope to get his life and mobility back. With the help of his physical therapist and the use of the Vector, Shane progressed - starting with crawling, standing, relearning how to swing a golf club, and finally - walking on his own. **Shane shared the Vector "allowed me to have the feeling of what it was like to move."**

Throughout the process, his children spent hours by his side during his sessions, even doing homework while watching him. Shane credits them, along with his wife as huge motivators in his recovery journey. Shane is now 51 years old and back to being physically active - working out three times a week, golfing, hunting and taking care of his farm. In addition to his active lifestyle, Shane is inspiring others by serving on the Board of Directors at the GBS Foundation and speaking publicly about his journey.





## THE DETERMINATION TO IMPROVE

In 2011, Shane was at the gym for his daily workout when he felt an unusual sense of fatigue. Less than twenty-four hours later, he was diagnosed with Guillain-Barré syndrome, a rare autoimmune disorder, which left him paralyzed from the neck down. Throughout his life, Shane was always on the go, whether it be his daily workouts, fulfilling his passion as a financial advisor, hunting and fishing with friends, or running to keep up with his children. From the beginning he knew the road to recovery would be difficult, but he was unwilling to accept his diagnosis.

Following his diagnosis, Shane spent two and half months in an inpatient rehab hospital. His therapists deemed he would never walk or be independent again and suggested an acute care facility, to which he promptly said “no way.” Instead, he spent the next three months with home health rehab, but was still told he would never walk again. After being wheelchair bound for about a year and a half and making very little progress on his own, he was accepted to LSU Health, where his road to recovery officially began with Dr. Suzanne Tinsley.

## SUCCEEDING MENTALLY AND PHYSICALLY

Over the next five years, they worked side by side - as a team. Shane spent the first nine months re-learning how to crawl, while his children and wife watched and cheered him on. Then, Dr. Tinsley introduced him to the Bioness Vector System. **The technology allowed him to have the “feeling of moving” for the first time in years, and gave him the confidence he wouldn’t fall, which allowed him to push even further.**

As he continued with therapy, Shane set goals - the ultimate being able to walk again - and others including swinging a golf club. Dr. Tinsley tailored Shane’s therapy to this goal, working with him to swing a club on his knees to help build strength in his core, and after three and a half years, he was standing upright swinging his clubs once again.

## REGAINING STRENGTH FROM THE GROUND UP

Shane walked out of LSU Health following his last rehab session, defying all odds. Today, ten years later at 51 years old, he is continuing to do the things he loves. He is back at work, hunting with friends, working out three times a week, taking care of his farm, and spending time with his family. **Shane credits the LSU Health and Dr. Tinsley for his success and also notes “Bioness was a large part of my recovery”.** Now, serving on the Board of Directors for Guillain-Barré syndrome, Shane shares his story to help inspire and inform others of his own journey.





  
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